

## Abstract

The present invention relates to the field of meat processing, and in particular the  
5 recovery and reuse of solutions injected into meat products. Methods are provided for injecting  
meat products with an injection solution, compressing the meat product to recover excess  
injection solution, and reusing the recovered excess injection solution to inject additional meat  
products. The present invention also provides systems and apparatuses for carrying out these  
10 methods. The present invention also provides meat products produced by these methods.

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